



# Pride News...

## Why Healthy Eating Matters

Research consistently shows that a balanced diet contributes to:


- **Improved concentration** and cognitive performance.
- **Enhanced mood and behaviour** in school.
- **Better sleep patterns** and physical growth.
- **Reduced risk of childhood obesity and chronic illness.**

Let's work together to ensure every child has the best chance to succeed, starting with what's on their plate.

## Five Simple Tips for Healthy Lunchboxes

Creating nutritious packed lunches doesn't need to be complicated. Here are five quick strategies:

1. **Mix Colourful Veg & Fruit** – Aim for a “rainbow” every day.
2. **Choose Whole Grains** – Swap white bread or pasta for wholemeal alternatives.
3. **Add a Source of Protein** – Lean meats, boiled eggs, beans, or low-fat cheese.
4. **Limit Processed Foods** – Keep crisps, biscuits, and sugary snacks occasional.
5. **Hydration Matters** – Encourage water or milk instead of sugary drinks.

 Please avoid chocolate bars, fizzy drinks, and sweets in packed lunches.

## School Meals at Willow

We're proud to offer balanced, tasty meals freshly prepared on site. All meals meet **School Food Standards** and include:

- Two vegetables served daily.
- A meat and vegetarian main option.
- Fresh fruit and water freely available.



# Pride News...



## Healthy Habits at Home

Children thrive when healthy eating is a shared family effort. Here are some ideas to try at home:

- Involve your child in shopping and preparing food.
- Keep healthy snacks visible and sugary ones out of sight.



## Parent Challenge:

**"Try It Tuesdays!"** – Each week, encourage your child to try a new fruit, vegetable, or healthy recipe. Share your success stories with us on ClassDojo



## Need Support?

If your family would benefit from advice, access to food banks, or free school meal eligibility checks, please contact our Family Support Worker or the school office confidentially.

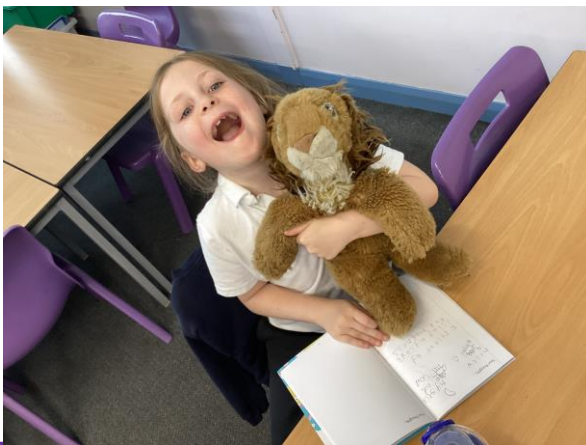
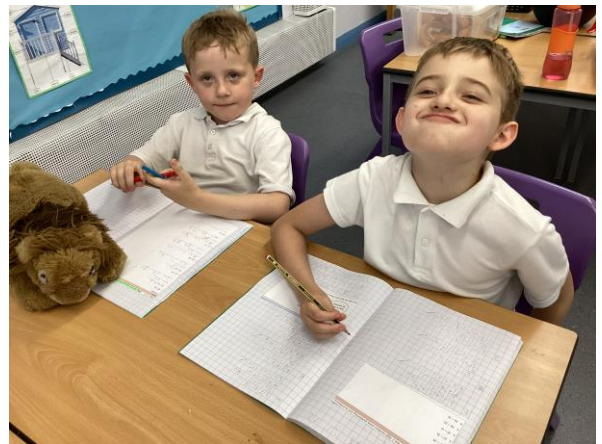




# Pride News...

## Willow's Learning!!!

Willow has had a great week with Birch Class!







# Pride News...

## In Other News

### School uniform

# Uniform

Willow Primary Academy and The Piper Centre sweatshirts and cardigans can be purchased at The School Shop.

The expectation is that children will come to school in the following:

- Plain white polo shirt.
- Plain black joggers, leggings, skirt (with cycling shorts) or shorts.
- School jumper or cardigan with logo on (or a plain navy jumper or cardigan).
- Plain black trainers.



# Pride News...

## PRIDE AWARDS!

These children have shown what it means to be:

- ★ **Be Positive**
- ★ **Be Respectful**
- ★ **Be Individual**
- ★ **Be Determined**
- ★ **Be Excellent**

### PRIDE Award WINNERS...

**Acorn-** Marcie and Millie-Rose

**Ash-** Alaia and Ramsey

**Birch-** Frances and Sanaiyah

**Chestnut-** Oscar and Logan

**Elm-** Andrew

**Maple-** Finley and Ava-Rae

### PRIDE Champions

**Elm –** Kalel

**Oak –** Jazmyn and Emily





## WILLOW'S STAR READER SPECIAL SURPRISE AWARD

### NOMINATIONS

**Chestnut** – Hanna and  
Demitri

**Acorn** – Rory and  
Ivy

**Elm** - Thomas and Ethan

**Ash** - Kiyah, Ezra,  
Tyler and Logan

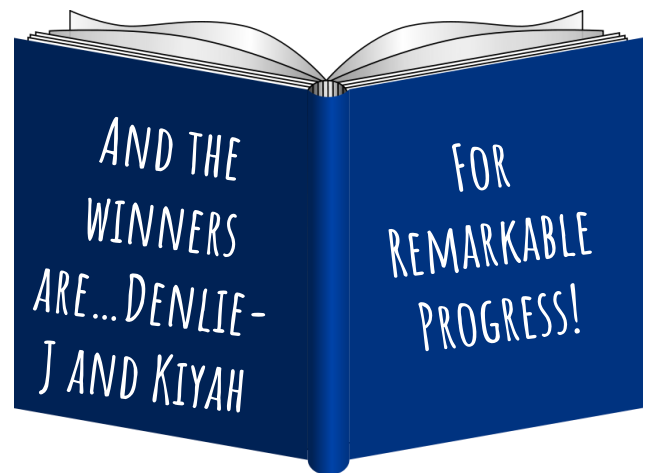
**Maple** – Teya and  
Marianne

**Birch** – Blake and  
Lila

**Oak** - Denlie-J and Phoebe



STAR READER...



Each week teachers will nominate a star reader from their class. A star reader is someone who has shown progress in reading, shown enjoyment of reading someone who has overcome difficulties in reading or shares their love of reading with the class or a friend. At Willow Primary Academy, we know the key to knowledge is reading and we want to inspire a lifelong love of reading! Willow has a special surprise book for the Super Star Reader to take home, keep, read and enjoy!



## THIS WEEK'S CLASS TOP DOODLERS ARE:

ASH – ADAM, LOGAN AND AMELIA  
BIRCH – EVIE-JOYCE, CHARLIE AND  
ELIJAH-JAY  
CHESTNUT – OLIVER, NIMAH AND  
CALLUM  
ELM – KALEL, LILY AND TOMMY  
MAPLE – SKYLA, FINLEY AND LACEY  
OAK – MEGAN, SUMMER AND SAM



Each week teachers will monitor the activity on Doodle of the children in their class. They will look at the combined number of stars children have earned for all four of the Doodle apps.

Each week the top 3 Doodlers from each class will receive 10 extra PRIDE points to spend in the PRIDE shop.

Keep up the effort with the home learning.  
**HAPPY DOODLING!!!**



# Pride News...

## Attendance Superstars

This week:

Maple class!!!

## ATTENDANCE MATTERS



gg98860872 www.gograph.com

Class	Attendance
Acorn	91.20%
Ash	95.32%
Birch	85.02%
Chestnut	91.01%
Elm	92.24%
Maple	95.79%
Oak	90.04%



### Reminder

Gates are open by 8.45am and close shortly after. Please ensure your child is on time and ready to learn.

If your child arrives late you need to take them to reception and you as the parent must sign them in on the screen.

Thank you for your cooperation







# Pride News...

## Dates for Your Diary

### Term Dates for 2024-2025

**Term 1:** Wednesday 4th September 2024 to Friday 25th October 2024

**Term 2:** Monday 4th November 2024 to Friday 20th December 2024

**Term 3:** Tuesday 7th January 2025 to Thursday 13th February 2025

**Term 4:** Monday 24th February 2025 to Thursday 10th April 2025

**Term 5:** Monday 28th April 2025 to Friday 23<sup>rd</sup> May 2025

**Term 6:** Monday 2nd June 2025 to Friday 18th July 2025

Christmas Bank Holidays	25 <sup>th</sup> December 2024
	26 <sup>th</sup> December 2024
New Year Bank Holiday	1 <sup>st</sup> January 2025
Good Friday	18 <sup>th</sup> April 2025
Easter Monday	21 <sup>st</sup> April 2025
Early May Bank Holiday	5 <sup>th</sup> May 2025
Spring Bank Holiday	26 <sup>th</sup> May 2025
Summer Bank Holiday	25 <sup>th</sup> August 2025

All term dates can be found on our website [here](#)





# Pride News...

## School Events

Ash Class Assembly – Monday 16<sup>th</sup> June

Acorn class Assembly – Monday 30<sup>th</sup> June

Willow Sports Day - Tuesday 1st July 2025 from 1.30 pm to 3.15 pm

Piper Centre Sports Day – Wednesday 2nd July 2025 from 1.00 pm to 2.30 pm

Willow Sports Reserve Day - Tuesday 8th July 2025 from 1.30 pm to 3.15 pm

Piper Centre Sports Reserve Day - Wednesday 9th July 2025 from 1.00 pm to 2.30 pm

Willow and Piper Open Afternoon (including reports to parents) - Monday 14th July 2025 from 1.30 pm to 2.30 pm

Willow Year 6 Leavers Play - Tuesday 15th July 2025 from 9.30 am to 11.00 am and Wednesday 16th July 2025 from 1.30 pm to 3.00 pm

Willow Year 6 Leavers Assembly – Thursday 17<sup>th</sup> July 2025 from 1:30pm-3:15pm.





# BELMONT SCHOOL SUMMER FETE

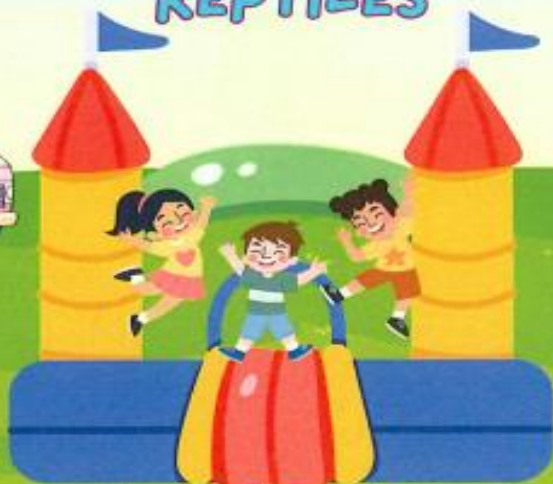
FREE  
ENTRY

SATURDAY 14<sup>TH</sup> JUNE  
1PM - 4PM



RAFFLE | STALLS | TOMBOLA  
PERFORMANCE BY BELMONT CHOIR

BOUNCY CASTLE | SOFTPLAY | CYCLING  
BBQ | CAKES | REFRESHMENTS | ICE CREAM VAN  
REPTILES



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